

**For Your Safe Hiking**

# You Good?

## **7 Must-Checks before the hike**

✂ Please check the box after you confirm.



- ☐ **You Good? Got a Clear Plan?**  
Make sure it's realistic & flexible.
- ☐ **You Good? Feeling Fine Today?**  
Only hike when you are in good shape.
- ☐ **You Good? Checked the Weather?**  
Early decision can save your life.
- ☐ **You Good? Gear & Food All Set?**  
Prepare for the what-ifs.
- ☐ **You Good? Time on Track?**  
Start early & aim to finish before dark.
- ☐ **You Good? Phone All Charged?**  
Your phone is your lifeline. Keep it ready.
- ☐ **You Good? Submitted Your Form?**  
Let someone know your route - just in case.

Check QR code for  
the Climing Registration Form



**Any inquiry: Tagawa Police Station  
0947 (42) 0110**

# STOP and CHECK !

Are you sure with **YOUR** outfit?

**Mt. Hiko trail includes  
many rocky &  
chain assisted sections.**

**Unprepared hikers face serious risk.  
Proper hiking gear &  
layered clothing are  
strongly recommended.**



NO



OK

Do NOT forget to Submit  
a Climbing Registration Form  
in advance!

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