

~Tips to protect yourself from natural disasters~

[Japan Meteorological Agency<<http://www.jma.go.jp/>>]

① Earthquake Readiness ~Remain calm, and secure your personal safety ~



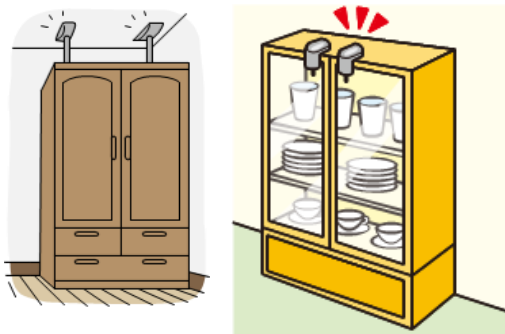
you have only a matter of seconds before strong tremors arrive



You need to act quickly to protect yourself!

- ◎ Remain calm, and secure your personal safety!
- ◎ Call the attention of those around you .
Prepare to respond appropriately in line with your situation based on image training and practice.
If you feel a tremor, take early action even if no EEW!

If you see/hear an EEW...
(Earthquake Early Warning)



Fix furniture to prepare for earthquakes.

👉 《Tsunami Readiness》

- ★ Rapid evacuation is necessary to save the life from tsunamis.
- Leave coastal areas immediately and evacuate to a safe place if strong shaking or weak but long-lasting slow shaking is felt.
- If you evacuate from tsunami, never think it's safe here and keep retreating to higher grounds.



- ① Evacuate on your own judgement.
- ② Evacuation area is not 「farther」 but 「higher」.
- ③ Take the lead to be a first evacuee.
- ※ There is no shame in evacuating first!

② Heavy Rain Readiness ~Pay attention to the latest bulletins and follow municipal evacuation advisories~

《Preparation for a natural disaster》

- ① Outside the house
 - Close all windows and reinforce it as needed.
 - Fix or move anything that might get blown away .
- ② The inside of a house
 - Check and keep an emergency kit.
 - Fix prevention film of glass splash(or a curtain) windows.
 - Have a store of water .
- ③ Preparation for evacuation
 - Check evacuation routes and centers constantly.
 - Plan post-disaster meet-up points and communications with family members.



《To prevent from being the sufferers》

- ① Pay attention to the latest bulletins
 - Get the latest weather bulletins from JMA's website.
 - Monitor weather bulletins on TV, radio and mobile phone.
- ② Be aware of hazardous places
 - Keep away from the flooded river, gutters and mountain area where are about to crumble. (Going to see fields is also danger to you.)
 - Don't pass flooded places by car.
- ③ Take early action
 - Pay attention to evacuation orders/advisories, and start voluntary and early evacuation as needed.
 - If it is dangerous to go outside, evacuate to a safer room.

If you need a help when natural disasters occur...

"don't panic, don't hurry and dial 110"



If you feel that "something's strange" dial **110!!**

If you see the person(object) who(which)

- wear (have) clothe (bags) unsuitable for the occasion
- observe surroundings unnaturally
- the identity or characteristic of something ,being unclear or unknown

please dial 110.

Prevent terrorism in your !!

Fukuoka Prefectural Police official security app.

「みまもっち (Mimamotchi)」 It's popular. Download it now !

「みまもっち (Mimamotchi)」 is a popular security app .Download it now! (free!)
This app provide you various services.(e.g. the latest crime news, the function of personal alarm and dial 110 directly.)

Why don't you look twice your actions from the viewpoint of the crime prevention?

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for iPhone



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で手に入れよう
for Android

